

# Transitioning to College Plan



Do I take any medication?



Will my doctor/prescriber give me a 3-4 month supply of my medication to last the semester?



If not, will they be able to prescribe refills that I can pick up at a Honolulu pharmacy?



Will I be able to get to this pharmacy (or will they deliver my medication)?



If I can't get my medication refilled in Honolulu, can my parents/guardians pick up my medication at home and mail it to me?



Do we have a plan to remember this so that neither of us forgets about my medication?



Do I currently see a healthcare provider on a regular basis (more often than once or twice a year)?



Do I need to find a Honolulu-based primary care provider, psychiatrist, therapist, or other provider while I am at school?



Do Honolulu providers take my insurance?



If they do take my insurance, have I set up an initial appointment or consultation so that I can access help before there is an urgent need or emergency?



If they do not take my insurance, do I need to switch insurance?



Do I have a copy of my insurance card and know what my insurance covers?

Visit [chaminade.edu/student-life/health-services](http://chaminade.edu/student-life/health-services) to view insurance options for students at Chaminade University. For more information, please contact the Dean of Students office at (808) 735-4710 or [deanofstudents@chaminade.edu](mailto:deanofstudents@chaminade.edu)

***In the case of an emergency, call 911***

*The nearest hospital is*

**Queen's Medical Center Emergency Services**

1301 Punchbowl Street, Honolulu, Hawaii 96813

*Other major medical centers are*

**Kaiser Permanente Moanalua Medical Facility** (for Kaiser members)

3288 Moanalua Rd, Honolulu, HI 96819

**Tripler Army Medical Center** (for military members and families)

1 Jarrett White Road

Honolulu, Hawaii 96859-5000

*For non-emergency care, the nearest Urgent Care Facilities are*

**Queen's Island Urgent Care Kahala**

808-735-0007

1215 Hunakai Street Honolulu, Hawaii 96816

Sunday-Saturday: 8:00am - 8:00pm (Daily)

**Queen's Island Urgent Care Kapahulu**

808-735-0007

449 Kapahulu Avenue Suite 104 Honolulu, Hawaii 96815

Sunday-Saturday: 8:00am - 8:00pm (Daily)

*The closest pharmacies are*

**Longs/CVS Pharmacy Kaimuki** (# 9164)

808-735-2811

3221 Waiialae Ave Honolulu, HI 96816

**Longs/CVS Pharmacy and Minute Clinic Kahala** (#9220)

808-732-0781

4211 Waiialae Ave Honolulu, HI 96816