

Domestic Violence Safety Plan



During Violent Incident

Signs I am in danger are:

I will keep my keys, wallet, important documents here:

I will stay here:

I will use this as a code word with friends and family:

After Incident

A place I could stay long term is:

Services in the community I will use:

I can improve my safety at school and work by:

Long-Term

Should I consider getting a protective order:

I can get campus security involved when:

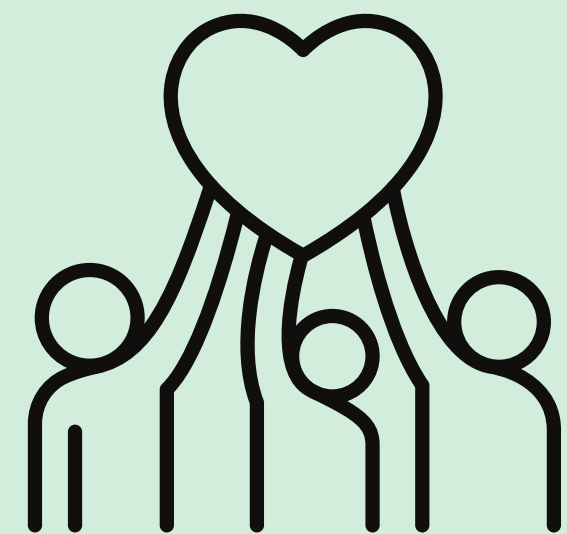
These are top people I can trust with any specific needs:

Safety and Emotional Health

I can do this when I am feeling down:

I can call them when I need support:

Additional Information



Items to Bring

- ID
- Money
- Passport
- Important documents

Crisis Numbers

Domestic Action Hotline: 800-799-7233
Sex Abuse Treatment Center Oahu: 808-535-7600
Chaminade Counseling Center: 808-735-4845
Chaminade Campus Security: 808-735-4792
Suicide and Crisis Hotline: 988

You are not alone.